

Date	Race Title	Race 1	Race 2	Race 3	Race 4	Website Link
22/01/2023	Newhaven 10k	10km				https://www.letsdothis.com/gb/e/newhaven-10k-192212
19/02/2023	Tunbridge Wells Half Marathon	HM				https://www.nice-work.org.uk/races/tunbridge-wells-half-marathon
26/02/2023	Brighton Half Marathon	HM				https://brightonhalfmarathon.com/news/brighton-half-marathon-2022/2022-entry-now-open/
05/03/2023	Eastbourne Half Marathon	HM				https://www.eastbournehalf.co.uk/
05/03/2023	Chichester 10k	10km				https://www.chichester10k.co.uk/
12/03/2023	Eastbourne 5	5 Miles				https://www.letsdothis.com/gb/checkout/ticket?eventId=189410
18/03/2023	Endurance Life Sussex	10km	HM	MA	Ultra	https://www.endurancelife.com/sussex
26/03/2023	Hastings Half Marathon	HM				https://www.hastings-half.co.uk/
02/04/2023	Brighton Marathon Weekend	10km	MA			https://brightonmarathonweekend.co.uk/
02/04/2023	The Gunpowder Run	5 Miles				https://www.nice-work.org.uk/races/the-gunpowder-run/2023
16/04/2023	Manchester Marathon	MA				https://www.manchestermarathon.co.uk/home/
16/04/2023	The Martello Half Marathon	HM				https://www.netiming.co.uk/events/martello-half-marathon
23/04/2023	The Rathfinny Run	10km	HM			https://www.nice-work.org.uk/races/RathfinnyHalf
23/04/2023	London Marathon	MA				https://www.tcslondonmarathon.com/
29/04/2023 - 01/05/2023	Mid Sussex Marathon	10 Miles	10 Miles	10km		https://midsussexmarathon.co.uk/
30/04/2023	Three Forts Challenge	5 Miles	HM	MA		https://www.threefortschallenge.org.uk/
30/04/2023	Worthing Half Marathon	HM				https://run-fest.com/worthing/worthing-runfest-home/
07/05/2023	The Rye 10 & 5 Mile	5 Miles	10 Miles			https://www.nice-work.org.uk/races/the-rye-10/2023
07/05/2023	Great Birmingham Run	10km	HM			https://www.letsdothis.com/gb/checkout/ticket?eventId=191594
14/05/2023	Great Bristol Run	10km	HM			https://www.letsdothis.com/gb/checkout/ticket?eventId=192699
14/05/2023	Horsham 10km	10km				TBC
14/05/2023	Focus 10k	5km	10km			https://www.chf.org.uk/focus10k.html
21/05/2023	Great Manchester Run	10km	HM			https://www.letsdothis.com/gb/checkout/ticket?eventId=191689
04/06/2023	Hastings 5 Mile	5 Miles				https://register.enthuse.com/ps/event/TheHastingsRunners5MileRoadRace
04/06/2023	Worthing 10k	10km				https://www.worthing10k.co.uk/
11/06/2023	Weald Challenge Trail Races	HM	50km			http://www.trailrunningsussex.co.uk/trailraces.html
18/06/2023	Midsummer 10k	10km				https://heathfieldroadrunners.com/race.php
25/06/2023	North Downs Run	30km				http://www.isteadandfield.org.uk/north-downs-run/
25/06/2023	Eastbourne 10k	10km				https://register.enthuse.com/ps/event/Eastbourne10km2023
02/07/2023	Bewl 15 Mile & 5 Mile	5 Miles	15 Miles			https://www.nice-work.org.uk/races/Bewl15/2023
10/09/2023	Great North Run	HM				https://www.greatrun.org/events/great-north-run/
10/09/2023	Hellingly 10k	10km				TBC
17/09/2023	Bates Green Gallop	3.6 mile loops				https://www.letsdothis.com/gb/checkout/ticket?eventId=189382
24/09/2023	Tempo 10k	10km				https://www.evententry.co.uk/tempo-10k-of-eastbourne-2023
24/09/2023	Barns Green	5km	10km	HM		https://runbarnsgreen.org.uk/sign-up/
14/10/2023	Great South Run	10 Miles				https://www.letsdothis.com/gb/checkout/ticket?eventId=192779
19/11/2023	Brighton 10k	10km				https://www.brighton10k.co.uk/
19/11/2023	Crowborough 10k	10km				TBC

Races and dates will be added as soon as information becomes available.